

Vietnam Booker Office

Add: 40 Bat Dan Street, Hoan Kiem Ward, Hanoi, Vietnam

Tel/Zalo/What up: (+84) 989661264 – Mr. Truong John

VBO-BABE LAKE: BA BE NATURES ESCAPE 3 DAYS 2 NIGHTS

Duration: 3 days 2 night

Level of difficulty: Active adventure tour

Activities: 20 – 25km trek

Percentage of trekking: Jungle 60%, trail 40%

Elevation: 150m – 600m

Small group tour: 12 people

Pick up: 07:30 AM at Hanoi

Drop off: 05:30 PM at Hanoi

ABOUT THIS TOUR

The calm lakes, towering karsts and jungles river cave of Ba Be are a world away from the noise of the city. Kayaking and trekking are the perfect ways to get up close and discover the peaceful park and its diverse landscapes and wildlife. After an exciting day trekking, you will be able to relax, refuel and discover local culture by staying with local families, in their traditional style homestays...

HIGHLIGHTS:

- Jungle trek inside Ba Be National Park and walk through river
- Kayaking to explore the diverse and beautiful landscapes of Ba Be
- Visit some ethnic village of H'Mong, Tay, Dao
- Picnic lunch with traditional food is prepared by the local people
- Expedition jungle water river cave – 3km
- Do the boat trip on Nang river
- Visit the legend An Ma temple in the middle of Ba Be Lake
- Discover a magnificent Puong Cave in Ba Be National Park
- Swim in a pretty natural freshwater lake



DAILY ITINERARY

DAY 1: HANOI - BA BE LAKE & KAYAKING (L/D)

Our tour guide will pick you up by car at your hotel in Hanoi about 7:30 AM to transfer you to Bac Kan. We will start our adventure pack by driving in the direction of Ba Be National Park for about 5 hours and have lunch on the way to the park. Arrival to the Boc Lom pier, you will learn how to paddle a kayak on rivers, take dry bags, sports equipment and life jackets... From here, you will continue to travel down the Nang River to explore the huge Puong cave by boat and kayaking. Then, you will cross the Nang River and pass through some steep terrain with many cat ears cliffs. We can return to Ba Be Lake by motorboat. Swimming is available here. Getting to Mr Linh's Ba Be - Jungle Lake house and enjoy your night with BBQ dinner.

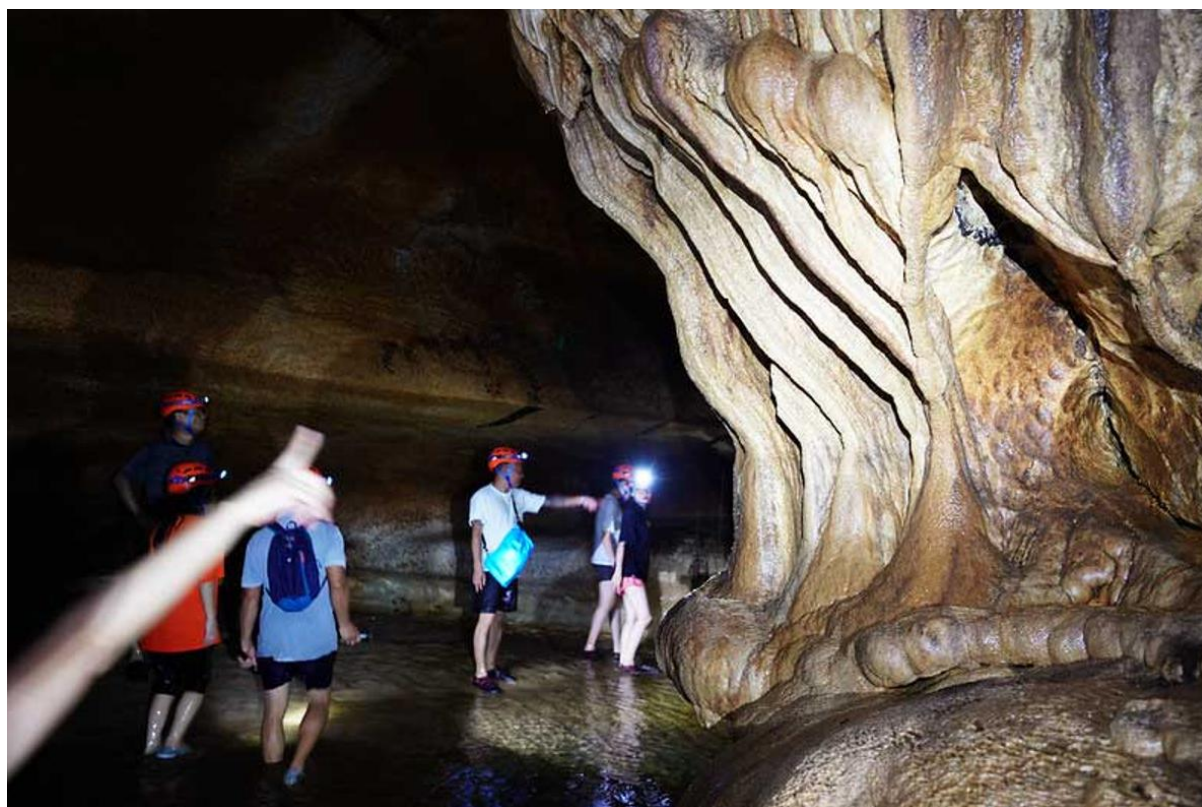


DAY 2: THAM PHAY CAVE EXPEDITION (B/L/D)

07:00 - 07:30 Pick you up at your homestay. Brief introduction and preparation are here. After a thirty-minute drive, you'll reach Tham Phay Cave, the hike starts with a steep uphill leading into the forest. Some rock at the top, and then a similar slope before the trail fades and you enter the valley. Turning west of the trail is a large patch of rock for you to find your way through, with the help and direction of your guide and safety team. The precarious entrance is at the end of the forest. Enjoy some snacks before starting to explore the cave.

Tham Phay Cave is a beautiful stream cave with two underground river tributaries, where you will experience narrow passages, craggy mountains and some deep pools with very nice photo opportunities. Plants and algae cover many calcite formations. Going deeper into the cave, you will find many unusual features of the cave such as the ceiling dome and many layers of rock, giving the walls a striking appearance. You will spend about five hours exploring this 5km deep river cave, which geologists have not discovered so far. Of course, we will provide you with the necessary equipment, such as helmets and powerful headlights. The cave expands considerably as you go through the original entrance and offers some great opportunities for excellent photos.

Enjoy a few snacks before continuing the journey to explore the 2nd path of the cave system that possesses miraculous stalagmites millions of years old, dangerous sinkholes and heat flows at the bottom. Leaving Tham Phay, you will return to the cave entrance and return to the original pick up point.



DAY 3: BA BE LAKE - HANOI (B/L)

After breakfast, take your time to relax and enjoy the fresh air of Ba Be Lake. You can sit back, breathe in the clean air, and soak in the serene atmosphere. Allow yourself to be present in the moment, free from the distractions of everyday life.

You might also consider bringing along a book or journal or immerse yourself in the cool water in the swimming pool of Ba Be Jungle Houses. Let the tranquil surroundings inspire your thoughts and reflections as you enjoy this peaceful interlude by Ba Be Lake.



Optional activities:

Begin a beautiful journey in Ba Be National Park from Bo Lu village. A guided conversation on local wildlife and flowers will expand your awareness of the unique Ba Be ecosystem as you walk through the beautiful jungle. Reach Tham Khit pathways to an ancient cave - wandering around the lake to the panoramic views of the ranger station's animal observation huts. Continue your hike for another 2 kilometers to An Ma temple, a sacred Tay temple dedicated to mountain gods, lake gods, and feudal generals. Have lunch and enjoy your time in Ba Be National Park. Return to Hanoi. Tour ends.

WHAT'S INCLUDED:

- Professional vehicle transportations and commercial vehicle insurance. Professional driver
- Air-conditioned vehicle, Round-trip transportation from selected hotels
- Door to door pick-up drop-off service
- Accommodation at Tay's House in Ba Be National Park
- Experienced local English-speaking guide
- Porters to prepare meals and pump water
- Meals as stated in the itinerary (B: Breakfast; L: Lunch; D: Dinner)
- (Optional) Vegetarian and vegan food is available
- Bottled water



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- All sightseeing tickets and environment protection fee
- Trekking tour in Ba Be National Park
- Kayak & boat tour on Ba Be National Park
- Hiking tour in Ba Be National Park
- Shared dry storage case for small phones and cameras
- Eco-friendly compost toilet
- Safety and caving equipment: caving helmets, caving headlights, basic canvas hiking boots, gloves
- First Aid Kit and Medical Rescue Equipment
- Safe storage at Mr Linh's Adventures - Ba Be Headquarters
- Conquest Medal Rewards
- All Taxes and Fees
- No extra charge after confirmation
- 24/7 hotline support guaranteed
- (Optional) Child seats are required

WHAT TO TAKE:

- Pack essentials, including light comfortable clothes suitable for outdoor activities, comfortable walking shoes. Take a small day pack for hiking and trekking.
- It is essential to bring your passport on this trip. We also recommend packing: insect repellent, sun cream, raincoat and sun hat...

Contact to us to get Bus ticket with high Quality & Cheapest Price!



Tel/Zalo/WhatsApp: (+84)0989661264 (Mr Truong John)

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